



CITY OF  
TALLAHASSEE

## HOW TO REGISTER

FOR MORE INFO &  
TO REGISTER ONLINE

[Talgov.com/SeniorGames](http://Talgov.com/SeniorGames)

### DROP OFF

Senior Center  
1400 North Monroe St.  
Tallahassee, FL 32303

### CALL IN

Cindy Mead  
850-510-5966



# CAPITAL CITY Senior Games

TALLAHASSEE • FLORIDA

## FEBRUARY 26-MARCH 18, 2025



**ARCHERY** 3/8 • 10am  
**BAG TOSS** 3/13 • 9am  
**BASKETBALL** 3/8 • 9am  
**BILLIARDS** 3/14 • 1pm  
**BOCCE** (S)3/15-1p | (D)3/16-9a | (M)3-16-1p  
**BOWLING** (S)2/28-1p | (D)3/7-1p | (M)3/7-4p  
**CYCLING** 3/9 • 10am  
**DISC GOLF** 3/1 • TBA  
**FUN WALK** 2/26 • 6pm  
**GOLF** 2/27 • 9am  
**HORSESHOES** 3/2 • 1pm  
**MOUNTAIN BIKING** 3/16 • 10am  
**PICKLEBALL** (S)3/4-9a | (D)3/5-9a | (M)3/6-9a  
**POWERLIFTING** 3/3 • 2pm  
**RACQUETBALL** 3/1 • 1pm  
**SWIMMING** 3/12 • 6pm  
**TABLE TENNIS** 3/15 • 9am  
**TENNIS** (D)3/8, 8:30a • (M)3/15, 8:30a  
**TRACK & FIELD** 3/1 • 10am  
**WATER AEROBICS** 3/9 • 3pm  
**5K(SHAMROCK SCURY)** 3/1 • 8:30am



**SCAN FOR MORE INFO  
& TO REGISTER**

## **TORCH RUN AND FUN WALK**

Wednesday, Feb. 26 @ 6 p.m. • Cascades Park

## **CELEBRATION OF ATHLETES**

Tuesday, March 18 @ 5:30 p.m. • Senior Center

**TALGOV.COM/SENIORGAMES**